



READING FASTER

WHY READ FASTER?

- You can read more in less time
- You can improve your comprehension



HOW TO READ FASTER?

- Skip over unknown words
- Reading sprints
- Check your reading habits
- Practice reading faster by timing yourself



SKIP OVER UNKNOWN WORDS

- Skip over words you do not know
- Skip over many other words that are not important for the general meaning



READING SPRINTS

- Sprints are used by runners who want to improve their running speed
- Reading sprints help you to break old habits and improve your reading speed
- Your teacher will time you or you can time yourself.



CHECK YOUR READING HABITS

- Do you always try to pronounce each word when you read? Pronunciation is not necessary for comprehension. In fact, if you try to say the words, even silently, you will probably understand less.



- Do you usually move your lips while you read silently? If you do, you will never be able to read faster than 200 words per minute, the fastest speed at which English can be spoken.



- Do you follow the words in the text with your finger or a pencil while you read? This is another bad habit that can slow you down? It also limits the way you read because you cannot skip around. Pointing at the words forces your eyes to follow the lines of text too closely. Your eyes should follow your thoughts, not your finger



- Do you translate into your native language as you read in English? Do you often write transliterations of words in the English text? This will slow down your reading speed and it will interfere with your ability to think in English.



PRACTICE READING FASTER BY TIMING YOURSELF

- Practice reading against the clock
- Reading at less than 200 words per minute means that you are almost certainly reading word by word and having trouble understanding

