

Students' Perceptions of 30 State of Muaro Jambi Junior High School Physical Education Learning During the Covid-19 Pandemic



Ropa Saldi Putra¹, Widiyanto²

^{1,2} Yogyakarta State University, Yogyakarta, Indonesia

ABSTRACT: The way to make students easier to understand the content of Physical Education material can be presented online by the teacher using the learning media that is currently available in the COVID-19 era. Like Zoom, Google Meet, Google Forms, WhatsApp application, and others. This learning media can create a more interesting, interactive, and fun learning process and can continue learning even during the pandemic. This research aims to determine the perceptions of students at 30 State of Muaro Jambi Junior High School towards learning Physical Education, sports, and health online during the COVID-19 pandemic. The method used in this study is a survey method with data collection techniques using a questionnaire. The population in this study were grade students 30 State of Muaro Jambi Junior High School, who were taken using a random sampling technique. Data analysis used descriptive analysis as outlined in the form of a percentage. The results of the research show that the perception of students at 30 State of Muaro Jambi Junior High School towards learning Physical Education online via the WhatsApp application during the COVID-19 pandemic showed results in great category totaling 3 people with a percentage of 6.98%, the good category was 32 people with the percentage is 74.42%, the fair category is 8 people with a percentage of 18.60% and the less category is 0 people with a percentage of 0%.

KEYWORDS: Students Perception, E-Learning, WhatsApp Application, Physical Education.

INTRODUCTION

Was a hard year for humans and the world was hit by the pandemic COVID-19, likewise in Indonesia. This virus is part of the coronavirus family and can infect humans. When the coronavirus attacks someone, it generally causes respiratory tract infections such as influenza, MERS (Middle East Respiratory Syndrome), and SARS (Severe Acute Respiratory Syndrome). COVID-19 is a new corona virus that was discovered in Wuhan, Hubei Province, China in 2019 (Ilmiyah, 2020; Hui, et al., 2020). COVID-19 case in Indonesia was confirmed on March 2nd, 2020 when foreign nationals from Japan who visited Indonesia were confirmed infected with this virus. Of course, this has changed the order of life that has taken place in general to become more wary. However, behind all these changes, COVID-19 has also created many positive and negative impacts on all living things. In terms of the world of education, the Government has done everything possible to minimize the number of cases of COVID-19 infection, one of which is the E-learning policy for all pupils and students.

Education policy during the emergency period of the spread of coronavirus (COVID-19), namely that the learning process from home is carried out with the following conditions: a. Home-based online or distance learning conducted to provide a meaningful learning experience for students. without being overwhelmed by demands to complete all curriculum deliverables for class progress and completion; b. Learning from home can focus on developing life skills, including in the condition of the COVID-19 era. Home learning activities and tasks between students based on students' interests and situation, including the gap of access or facilities to learning at home; d. Evidence or products of learning activities at home receive qualitative and useful feedback from teachers without the need for quantitative assessment.

The application of this model of online learning certainly influences the Physical Education learning process. According to the Regulation of the Minister of Education and Culture No. 413 / U / 1987, Physical Education is part of physical activity that aims to improve humans organically, neuromuscular, intellectually, and emotionally. Physical Education is a communication to achieve educational goals in general (Hustarda, 2010: 150). Therefore, Physical Education is one subject that exists for all levels of school, starting from elementary school, junior high school, high school, and even university.

Students' Perceptions of 30 State of Muaro Jambi Junior High School Physical Education Learning During the Covid-19 Pandemic

Physical Education aims to develop the physical environment, develop health aspects and physical conditions, and build good character for students so that students have strong personalities, then develop athletic attitudes integrity, and discipline through physical activity, the reality during the COVID-19 pandemic physical learning activities must be learned by online, where students and teachers do not interact directly. Based on research conducted by (Agoestyowati, 2020) it is revealed that there are several positive and negative impacts of online learning, the positive impacts he expressed are that students feel more comfortable in learning and understand many new applications for learning online, such as Zoom, Google Meet, WhatsApp and other e-learning application.

One of the most frequently used applications is Zoom. However, in using it, students faced several obstacles, such as difficulty accessing the internet, using up internet data very quickly, insufficient cellphone memory, and difficulty logging in. This obstacle was discussed by the physical education teacher in a brief interview during the observation period of Introduction to Schooling Fields at SMP Negeri 30 Muaro Jambi. He revealed that during the online learning process using Zoom, students experienced problems in the learning process due to poor signals and inadequate internet data, which made they were unable to master the learning material. For this reason, the teachers at 30 State of Muaro Jambi Junior High School decided to use the WhatsApp application as a link between students and teachers, so that learning can continue.

METHOD

Population is the totality of all possibility values, both the results of counting and quantitative and qualitative measurements, of certain characteristics regarding objects that are complete and clear (Sudjana, 2005: 161). In this research, the research method used by researchers is descriptive qualitative. The population in this study were students of grades 7th A, 7th B, and 7th C 30 State of Muaro Jambi Junior High School. The data source used was a questionnaire instrument to determine the perceptions of students at 30 State of Muaro Jambi Junior High School towards learning Physical Education online through WhatsApp application during the COVID-19 pandemic. Before the questionnaire is distributed to students, this instrument will be tested for its level of validity first.

In this research, a questionnaire is the main instrument used to find out the perceptions of students at 30 State of Muaro Jambi Junior High School towards online physical education learning via the WhatsApp application during the COVID-19 pandemic. This questionnaire contains statements given to students in grade 7 A, 7 B, and 7 C at SMP Negeri 30 Muaro Jambi. In the questionnaire, the respondent only needs to choose the answers strongly agree, agree, disagree, or strongly disagree. These answers have a score each score is (SA) 4 score, (A) 3 score, (D) 2 score, (SD) 1 score.

Data collection using questionnaires is done in 2 ways, namely by distributing questionnaires via Google Forms or distributing them directly to students. This study used the first method by distributing research clusters via the Google form. Presentation of data aims to display any news or data in the form of graphs, tables, histograms, or other narrative text. Then finally based on each of the activities above, a decision is made on the program that has been and will be carried out.

FINDINGS AND DISCUSSION

This research was conducted on April 5-April 10 2021 and obtained 43 respondents. The perception of students at 30 State of Muaro Jambi Junior High School towards online physical education subjects through the use of WhatsApp during the COVID-19 pandemic can be categorized as Good where the results of data processing are in classes and intervals 100-129. The percentage results of this research show that there are great categories totaling 3 people with a percentage of 6.98%, the good category was 32 people with a percentage is 74.42%, the fair category is 8 people with a percentage of 18.60% and the less category is 0 people with a percentage of 0%.

Table 1. Research Result of Closed Questionnaire

Categories	Intervals	Total	Percentage
Great	131-160	3	6,98%
Good	100-129	32	74,42%
Fair	70-99	8	18,60%
Less	40-69	0	0%
Total		43	100%

Students' Perceptions of 30 State of Muaro Jambi Junior High School Physical Education Learning During the Covid-19 Pandemic

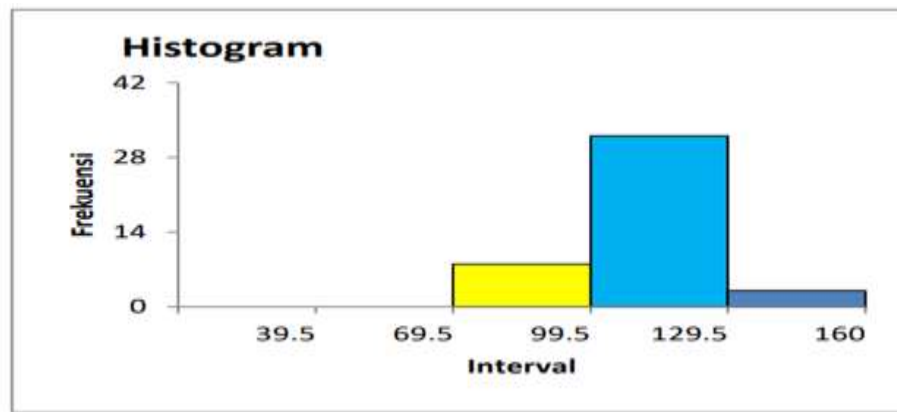


Figure 1. Research Results Histogram of Closed Questionnaire

Based on the results of the study, the perceptions of 30 State of Muaro Jambi Junior High School students towards online Physical Education learning via the WhatsApp application during the COVID-19 pandemic showed that there was great category of 3 people with a percentage of 6.98%, the good category of 32 people with the percentage is 74.42%, the fair category is 8 people with a percentage of 18.60% and the less category is 0 people with a percentage of 0%. Based on the information above, the researcher analyzed that the largest percentage of students were in the good category. Therefore, it can be concluded that Physical Education learning carried out online via the WhatsApp application during the COVID-19 pandemic at 30 State of Muaro Jambi Junior High School is categorized as Good. WhatsApp is an information technology that is very popular during the pandemic era, especially its use in the world of education as a learning medium in supporting the success of an e-learning activity. Feature services owned by WhatsApp such as WhatsApp group chat, telephone, personal chat, and emoticons are often used by teachers, to send messages, documents, photos, videos, and also PDF documents. In this way, learning will be more interesting and enjoyable. Various features can be accessed for free using the internet network.

CONCLUSIONS

Based on the results of research on the perceptions of 30 State of Muaro Jambi Junior High School students towards online Physical Education learning via the WhatsApp application during the COVID-19 pandemic, the results showed that 32 out of 43 students gave statements and were in a good category. From the description above, it can be concluded that online Physical Education learning activities via the WhatsApp application at 30 State of Muaro Jambi Junior High School are in a good category. The learning process which is carried out online via the WhatsApp application should be used as an alternative learning even outside of the pandemic because this learning model can increase student activity in learning. What's more, the online learning model can add variety to learning so that student didn't feels bored in the learning process in class, for example using cartoon animation as a learning resource and making videos as practical value so that the learning process becomes more fun.

REFERENCES

- 1) A.M Bandi Utama. (2011). Pembentukan Karakter Bermain Anak Melalui Aktivitas Bermaian Dalam Pendidikan Jasmani. Yogyakarta: Jurusan Pendidikan Olahraga. FIK. UNY
- 2) A.M Sudirman. (2011). Interaksi dan Motivasi Belajar dan Mengajar. Jakarta: PT. Grafindo Indonesia
- 3) Anitah, S. (2009). Media pembelajaran. Surakarta: Yuma Pustaka bekerja sama dengan FKIP UNS.
- 4) Arifin, Zainal. 2018. Penelitian Pendidikan: Metode dan Paradigma Baru. Bandung: PT Remaja Rosdakarya.
- 5) Arikunto, Suharsimi. 1998. Prosedur Penelitian Suatu Pendekatan Praktek. Jakarta: PT. Rineka Cipta
- 6) Desmita. (2012). Psikologi Perkembangan Peserta didik. Bandung: PT. Remaja Rosdakarya offset.
- 7) Hadi, Sutrisno. 1999. "Methodology Research". Yogyakarta : Yayasan Penerbit Fakultas Psikolog UGM.
- 8) Hariyanto, Suryono (2011) Belajar dan Pembelajaran dan Konsep Dasar. Bandung PT. Remaja Rosdakarya
- 9) Hasanah, N. R., Adi, I. P. P., & Suwiwa, I. G. (2021). Survey Pelaksanaan Pembelajaran Pjok Secara Daring Pada Masa Pandemi Covid-19. Jurnal Kejaora (Kesehatan Jasmani Dan Olah Raga), 6(1), 189-196.
- 10) Husdarta. (2010). Psikologi Olahraga. Bandung: Alfabeta
- 11) Ibnu Syamsi . Pokok-Pokok Organisasi dan Manajemen.1988. hal.2
- 12) Jalaludin, Rakhmat. (1998). Psikologi Komunikasi. Bandung: Rosda
- 13) Rosdiani, Dini. (2013). Model Pembelajaran Langsung Dalam Pendidikan Jasmani dan Kesehatan. Bandung: Alfabeta

Students' Perceptions of 30 State of Muaro Jambi Junior High School Physical Education Learning During the Covid-19 Pandemic

- 14) Ruch, Floyd L. 1967. Psychology and Life, 7 Edt. Scott. Atlanta: Foresman and Company
- 15) Sanjaya. 2011. Model-model Pembelajaran. Jakarta: Bumi Aksara.
- 16) Slameto. 2010. Belajar dan faktor-faktor yang Mempengaruhinya. Jakarta: PT. Rineka Cipta
- 17) Sri Rumini, dkk. (2006). Psikologi Pendidikan. Yogyakarta: UNY Press 38
- 18) Sudjana. (2005). Metode Statistika. Bandung: PT Tarsito
- 19) Suryabrata, Sumadi, 2011. Psikologi Pendidikan, Jakarta: PT. Raja Grafindo Persada.
- 20) Syah, M. (2007). Psikologi Pendidikan dengan Pendekatan Baru. Bandung: PT. Remaja Rosdakarya.



There is an Open Access article, distributed under the term of the Creative Commons Attribution – Non Commercial 4.0 International (CC BY-NC 4.0) (<https://creativecommons.org/licenses/by-nc/4.0/>), which permits remixing, adapting and building upon the work for non-commercial use, provided the original work is properly cited.