



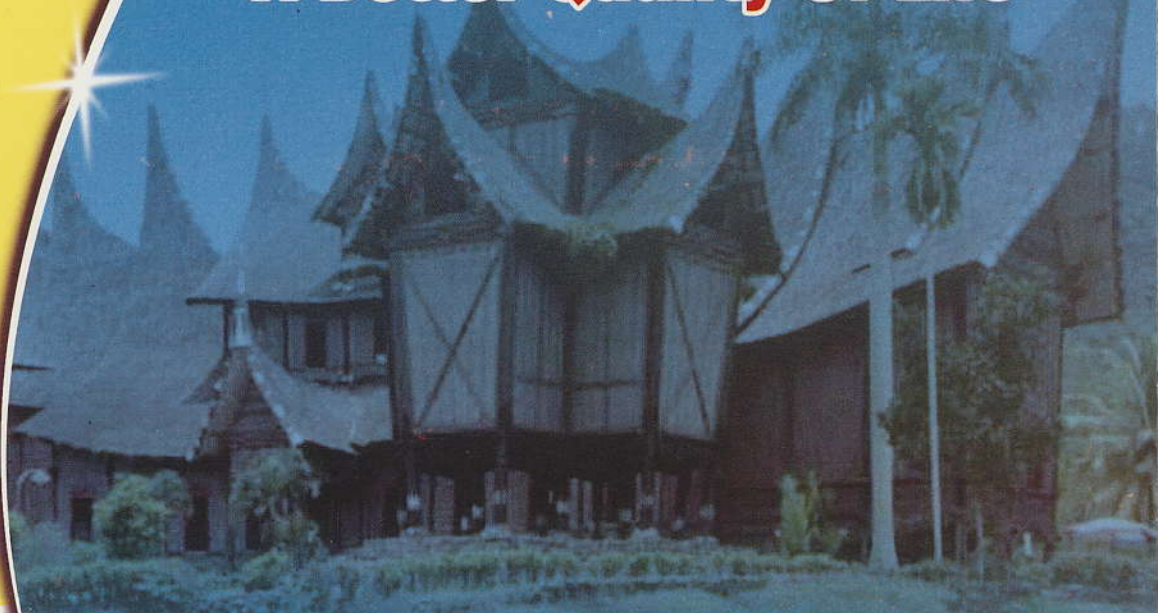
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Proceeding

International Scientific Seminar on

SPORT AND SPORTSCIENCES

**“The Role And Contribution Of Sport
And Sportsiences In Enhancing
A Better Quality Of Life”**



**Kerjasama antara
Universitas Negeri Padang dan
Universiti Kebangsaan Malaysia**

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INITIATED EFFORTS TO DEVELOP SPORT PSYCHOLOGY TO BUILD INDONESIAN PERFORMANCE SPORT

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Abstract : Some examination has shown that Sport Psychology had a real contribution in developing performance spots. However, in Indonesian Sport Psychology less obtained a place and attention both from University realm that managed and developed Psychological Science as well as sport practitioners realm. This condition resulted in Indonesian Sport Psychology less developed. There needed efforts in order to Sport Psychology could play real roles in developing Indonesian performance sport. These efforts were among others: (1) to grow an awareness to all components who get involved in both directly or indirectly in performance sport guidance on their importance of examination and application of Sport Psychology in guiding performance sports; and (2) to develop human resources in Sport Psychology both in Sport High Educational Institution (LPTO) and in Universities that generally managed and develop a Psychological Science to attract and contribute their mastery in developing Sport Psychology.