

MODIFICATION OF LEARNING IN SCHOOL SOCCER

A. Erlina Listyarini
Yogyakarta State University

Abstract

The purpose of modifying the learning in school soccer is an effort to influence student teachers for ease in learning to play soccer, although the infrastructure is owned by the school was minimal. The method or methods used by teachers in the delivery of learning in school soccer is the creativity of teachers in modifying lessons soccer because of lack of facilities and infrastructure that exist in schools in general, and to create an optimal learning strategies to encourage initiative and facilitate student learning. Modification of learning soccer in question was a modification of the tooling infrastructure and facilities and modifications to the rules in the game. The results are a model of learning a new style of soccer (boladiator), four soccer goal, soccer castle, soccer and soccer Dhog dhog triangle.

Keywords: Modification, Learning, Soccer

INTRODUCTION

Learning is an effort to influence the students to learn, teachers or lecturers often equate the term of teaching and learning. According to Hamza. B (2009: V), teaching (Instructional) is more directed at the provision of knowledge from teacher to students that sometimes take place unilaterally. While learning (learning) is an activity that seeks to give students in an integrated manner taking into account the factor of the learning environment, student characteristics, characteristics of fields of study and learning strategies, good delivery, management, and organizational learning. This happens because the science of learning (learning sciences) is seen as a discipline that is still relatively easy, pay attention to efforts to increase understanding and improve the learning process. The main goal of learning science is presenting optimal learning strategies to encourage initiative and facilitate student learning. With the modification of learning soccer, is expected to bridge the learning theory with practice learning soccer. As said Hamza. B (2009: VI) that the science of learning to pay attention on efforts to increase understanding and improve the learning process. Efforts to improve the learning process necessary soccer various models of learning in accordance with the conditions of learning in school. In general, schools have the facilities and infrastructure is minimal, there is the class teacher / teachers who teach the field of religious studies Physical Education Sport and Health (Physical education Orchestra) and the constraint characteristics of students. Usually the characteristic field of study and characteristics of different students require different learning models also vary. For the purpose of physical education can be achieved, it is necessary to model appropriate learning and in accordance

Created with

with the general instructional objectives, specific instructional objectives as well as its users are students. As for goals by Sukintaka Physical education (2001: 16) consists of 4 (four) domains: (1) Physical, (2) psychomotor, (3) Affective, (4) Cognitive, which is a complement or reinforcing educational purposes.

(According to RI Education System Law No. 2 of 1989 in his book Sukintaka (2001: 31) National Education aims to educate the nation and Indonesia develop human beings who believe in a whole that is human and devoted to God Almighty and the virtuous noble character, knowledge and skills, physical health, personality, independent and fair, as well as social responsibility and nationalism.

Physical education goal can be achieved if the teacher as a motivator of change must be creative. Creative in the procurement of equipment and infrastructure, creative in managing their students, creative in determining the methods of learning, the learning process is carried out in accordance with the objectives to be achieved, and so forth. Soccer in school learning would be more appropriate if taught in a kind of modification, because the child begins elementary school age (6-13 years) will demonstrate manipulative skills-skills like the ability of adults. This elementary school age children develop the ability to do the sport (game) by regulation, because they have to understand and obey the rules of a game. So it is appropriate if the modification is modified soccer game rules as well, because the participation of school age children are in soccer games can provide training and opportunity to learn to compete, improve self-esteem (self esteem) and expand the association and friendship with peers. Start from here achievement on sports in world level is expected to be achieved for the pride and the existence of the nation can be realized.

DISCUSSION

According Abdoellah Arma et al (1981: 409) Soccer is a team game played respectively by eleven players including a goalkeeper. And soccer is almost entirely using proficiency feet, except the goalkeeper who are free to use any limbs. The goal of each team is trying to insert the ball into the opponent's goal as much as possible so that the team is also trying hard to avoid conceding the ball goal (Goal) of the attacker opponent. Soccer game was held in two rounds, while the second half were given a break. In the second half held an exchange place. For completeness of the player, using soccer boots and costumes are different colors between the teams opponents and his team, as well as for each goalie to use a special costume and different with the players.

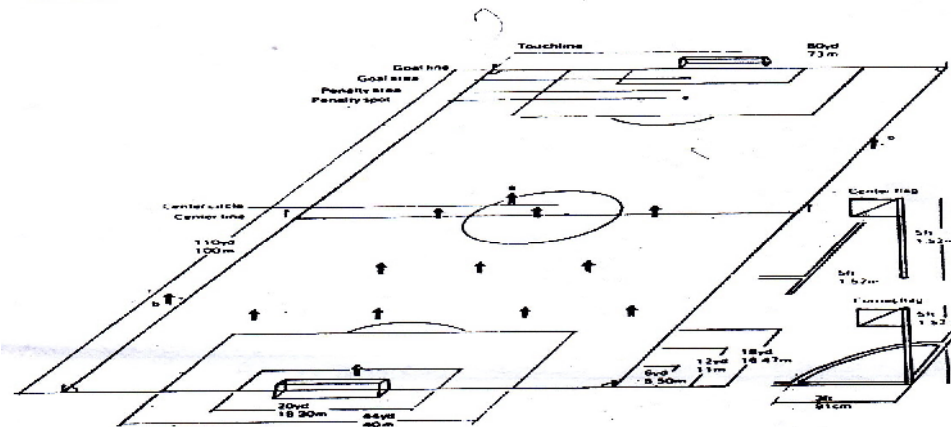
In Indonesia, the game of soccer is very favored by the people, so that soccer is also dubbed as the sport community. In villages in Indonesia have been standing soccer clubs, and even from elementary school through high school on subjects physical education Orchestra on techniques and tactics taught in the game of soccer. Because the scrimmage health physical elements expected to be achieved, in addition to the elements or other values that both Affective, Cognitive and Psychomotoric will be gained as well. In a soccer game, indirectly the value of the attitude of cooperation (mutual aid), confidence, sportsmanship, honesty will be obtained (affective), along with techniques and tactics in a game, of course, be taught (cognitive), even with the game of soccer skills play ball will be obtained (psychomotoric). Moreover Physical health and fitness soccer players will be in the can, so free from a disease. This situation will be maintained if the actor / soccer player is aware of an active lifestyle. Because according Rusli Lutan (2002: 5) that results Freshness Physical coaching at a young age is a "savings" for the state when it is fit and healthy adult age have increased even further. Of course this condition can be achieved when the full terms and regularity of sustained exercise training.

However, the obstacles commonly encountered on each school is the lack of facilities and infrastructure. Facilities / equipment is anything that is necessary in the learning of Physical Education (Physical education), easy to move even brought the perpetrators. For example: The ball, racket, bat, mace, scarves, etc. (Agus SS: 2004). Infrastructure / tools is all that is needed in learning physical of education, easy to move (can be semi-permanent) but heavy or difficult. For example: mattresses, trunks jumping, horses, straight bar, parallel bars, etc. (Agus SS: 2004). Infrastructure / facilities are all necessary in learning physical education, which is permanent or not removable. For example: Field (soccer, volley ball, basket ball, etc.), Sports Building (GOR), Hall (Hall), swimming pool, etc. (Agus SS: 2004). As a physical education teacher expected to be creative in dealing with the lack of facilities and infrastructure physical of education.

Created with

SOCCKER FIELDS

Soccer field with a standard sized rectangle with a length of 100-300 yd (1 yd = 91.44 cm) and width of 50-100 yd. At each corner of the field there is a tall flagpole 5 feet with a blunt tip, while also found on the side lines. Rud Midgley. Cs (2000: 193).



Gambar1. Lapangan Sepakbola
Sumber: Rud Midgley, CS (2000:193)

Gaming Regulation

A player may use one of his limbs to stop, control, or pass the ball with feet, head, thigh, chest. The match began after two people gambled captain for the match. Once the referee's whistle sounded, the team began playing soccer kicker from the middle of the field toward the mid-region opponent. After conceding the goal, the game starts again in the same way. Other rules are balls made of leather, clothing goalkeeper must be in different colors to make a difference between players and referees, there is a throw-in, corner kick, direct free kick, indirect free kick, penalty kick. Players who get a referee warning is entered and left the field without permission, violating regulations continuously, opposed the decision of the referee and the lack of sportsmanship (Rud Midgley, cs 2000: 193-197)

MODIFIED SOCCER GAME

Physical education lessons can be run successfully and smoothly is very much determined by several elements, among others: teachers, pupils / students, curriculum, facilities and infrastructure, goals, methods, and environmental assessment. Teachers are the most important element in determining the success of the learning process of Physical

Created with

Education. Teachers who are creative will anticipate the lack of good facilities and infrastructure by modifying the facility and game regulations, but the learning will remain successful. In the learning game of soccer, the schools generally lack the infrastructure (tools and facilities) are adequate, then it would need to modify a teacher must be good. Below the authors describe a modified version soccer game.

1. Boladiator (Soccer New Style)

Boladiator namely soccer game seven versus seven people, use half the size of a standard soccer field. With one standard size ball (weighing 14-16 ounces). When the game is divided into four rounds, each round for seven minutes, so full of movement and physical strength. The game becomes faster and attractive to the character attack so that in this game more goals ("goal rain")

Each round, both teams played well as a team turns the attacker and survive. When survive, one of the players will fight as a goalkeeper. Meanwhile, when the attacking goalkeeper was also played as a striker like any other and should no longer hold the ball but had to control it by foot. In Boladiator game, offside rule does not apply.

Boladiator team free to perform a substitution in accordance with the number of registered players is 14 people. New replacement players allowed to enter the field after the player who replaced out of the game field. The game has a lot boladiator enliven competed in the 2006 World Cup, for example boladiator was held on 1 and 2 April 2006 in Yogyakarta Kridosono field.

2. Four Soccer Goalkeeping

Four Hurdles namely soccer game by dividing students into four groups. This game aims to make students do the activity. Field size is adjusted with an area of the school yard. The size of the net length of 3 meters, 2 meters high or could with boundary flags, so that the height is not specified. Each group put aside his friend to keep wicket, while others become the attacker.

Each team may enter the ball into the opponent's goal (3 goal). Rules enacted a hands ball but there are no rules for offside. If there is a hands ball then kick the opponent in front of him. During a ball out of the field / out ball, the opponent who perform well in front of him by way of kick rather than throw. The group that scored the most goals will be the winner. This game is limited by time.

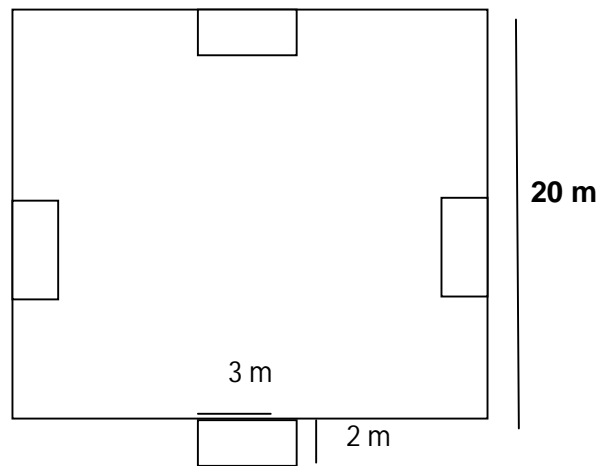
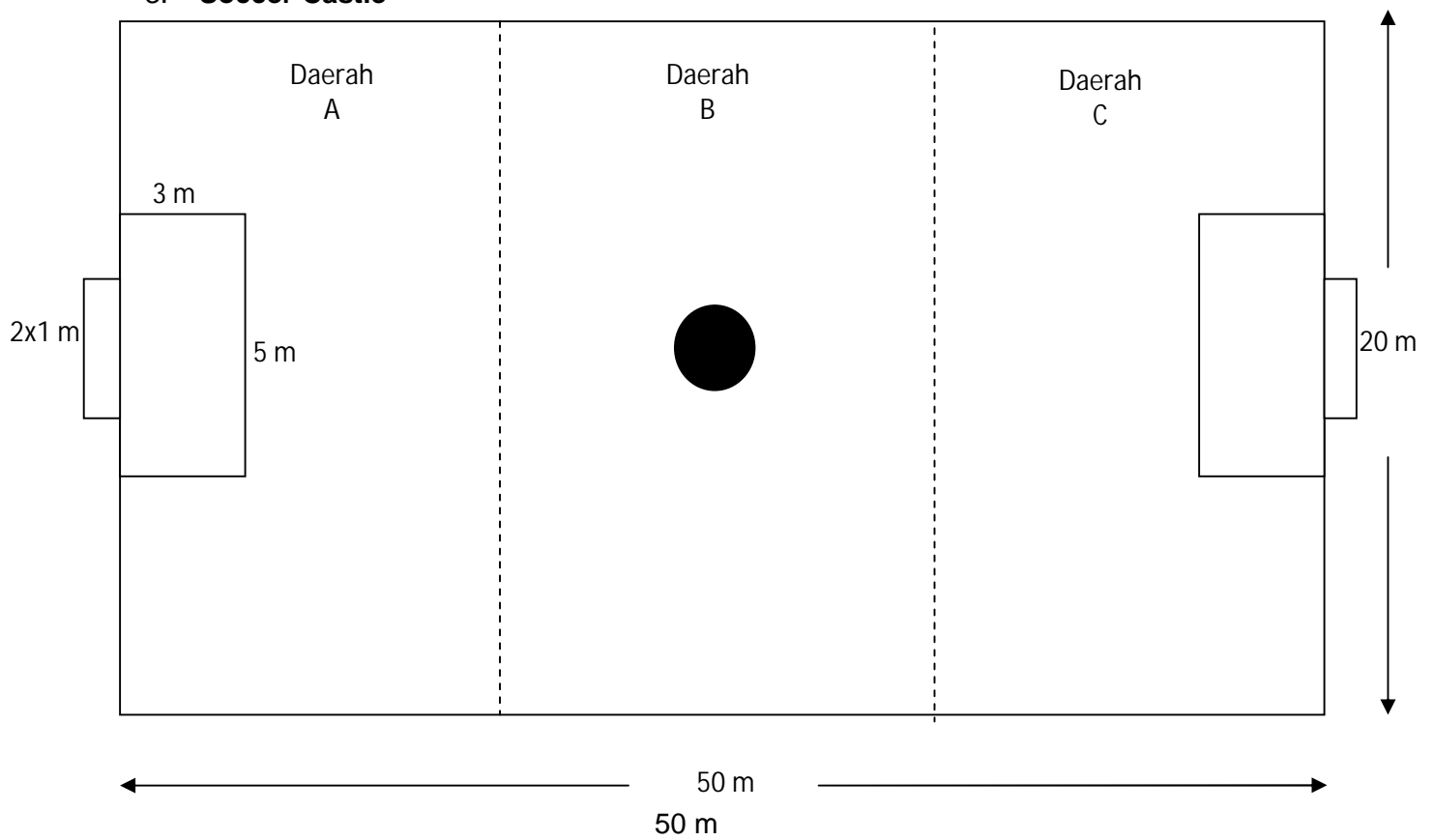


Figure 4. Four Soccer Field Hurdles

3. Soccer Castle



Citadel soccer is soccer that divides:

Students were divided into 3 teams:

- Team A occupies area A
- Team B occupies the region B
- Team C occupies the region C

Kick Off began in the middle of the field conducted by Team B or offense team

Team A and Team C tried to snatch the ball in to put his opponent's goal.

Team B just do pass in area B only, should not be out of the area.

There is no off side

Not wearing hand glove

opponent who will enter the ball may not cross or be in the box size of 3 x 5 m, if violated then the ball moves to the opposing team.

If team offense, the ball moved to the infringing team.

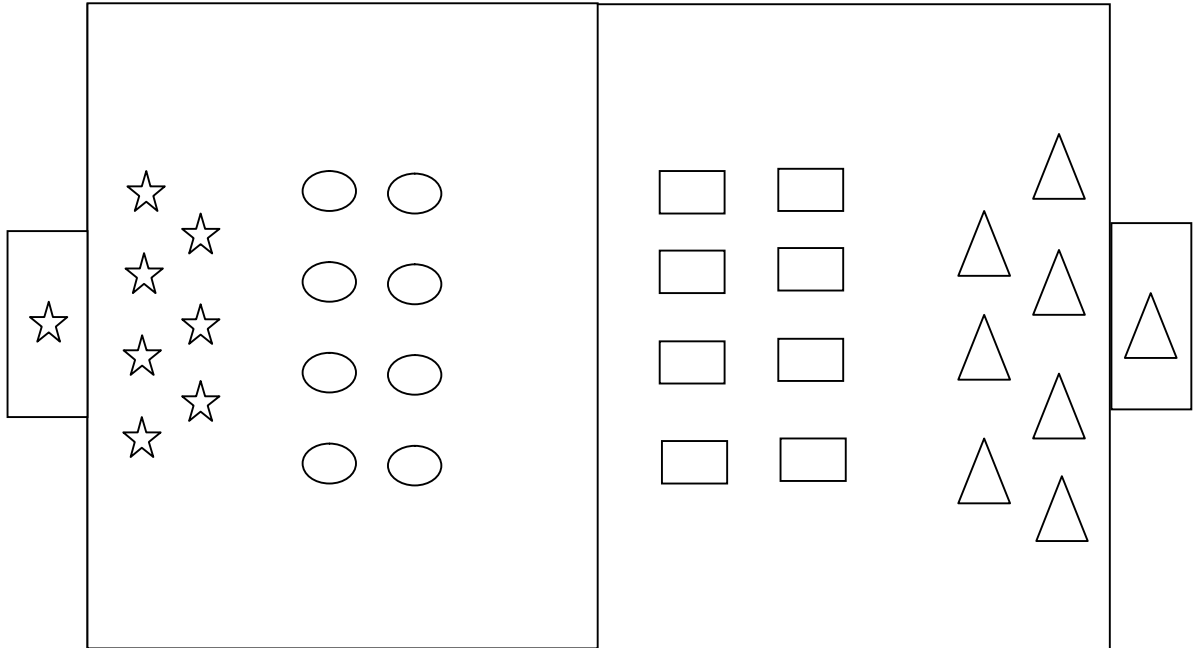
When the game 3 x 20 minutes, made the team rotation.

The team that many of the ball then the team that wins.

4. **Dhog-dhog soccer**

Dhog-dhog soccer is a game of soccer consists of 4 teams, each team of 8 people each and the rest to adjust or become a replacement player. This game is like a soccer field is divided into 2 sections, one field is used for 2 teams, and field two is used for 2 other teams. The game was adapted to the number of students who are in a learning Physical education.

Created with



Description :

- ☆ : A Team
- : B Team
- : C Team
- △ : D Team

Adjust the field size the school yard

5. Triangle Soccer

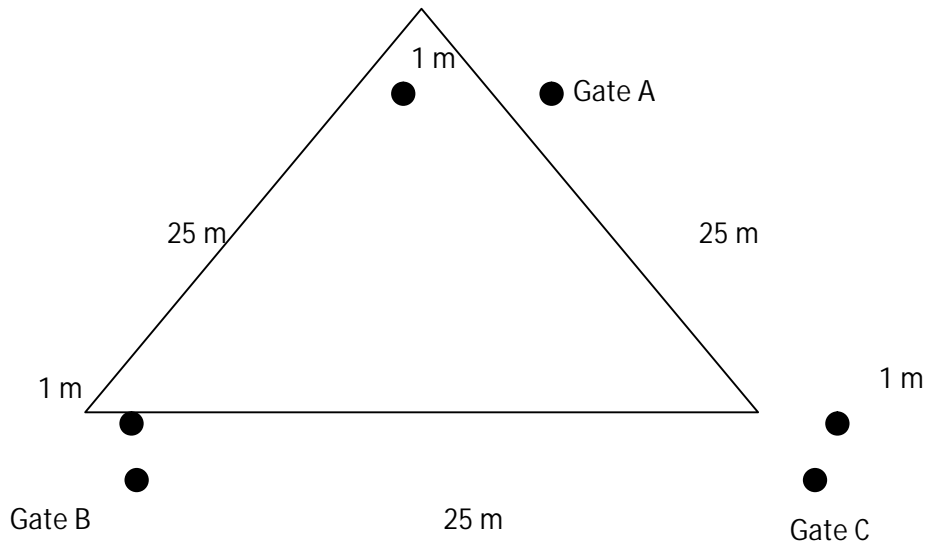


Figure 6: Triangle Soccer Field

Soccer is a game of soccer triangle that divides students into three groups: group A, B and C. This game aims for students to perform activities of motion. Field size of each side 25 meters (adjust the school yard). Goal is measured from each corner of 1 (one) meter. In this game there is no goalkeeper. Each goal may enter into 2 (two) goal. For example: Team A to enter the goal (the ball) to the goalpost B and C, Team B enter the goal (the ball) to the goalpost C and A, and Team C enter the goal (the ball) to the goalpost A and B. Hands Ball, but no off-side. In the event of Hands Ball then kick the opponent in front of him. During Out Ball (ball out of the field) then that perform well in front of her opponent with a kick rather than throw way. The group that scored the most goals will be the winner. And the game is limited by time available at the time of learning.

Conclusion

Physical education in the learning process, teachers Physical education have important responsibilities is to contribute to the achievement of school goals. Physical education programs aim is good is always aligned with school goals of helping students to learn both theory and practice. If successful Physical education learning includes learning that will achieve through soccer is a student then, in the sense of Physical and Spiritual physical and psychological fitness.

REFERENCES

- Agus. SS, (2004). *Sarana dan Prasarana Pendidikan Jasmani (Diklat Kuliah)*, Yogyakarta, FIK – UNY.
- Arma Abdoellah, (1981). *Olahraga untuk Perguruan Tinggi*, Yogyakarta, Sastra Hudaya.
- Depennas Dirjen Pendidikan Dasar dan Menengah, (2003), *Kurikulum 2004 SMA Pendidikan Jasmani*, Jakarta, Ditjen Dikdasmen Depdiknas.
- Desmita, (2009). *Psikologi Perkembangan Peserta Didik*. Bandung, Rosda.
- Erlina Listyarini, (2006). *Jurnal Pendidikan Jasmani Indonesia*, Yogyakarta, FIK – UNY.
- Hamzah B, (2009), *Modul Pembelajaran Menciptakan Proses Belajar Mengajar yang Kreatif dan Efektif*, Jakarta, Bumi Aksara.
- Isjoni, (2009). *Guru Sebagai Motifator Perubahan*, Yogyakarta, Pustaka Pelajar
- Rusli Lutan, (2002). *Menuju Sehat Bugar*, Jakarta. Dirjen Olahraga Depdiknas.
- Sukin taka, (2001). *Teori Pendidikan Jasmani*, Solo, Esa Grafika

Created with

