The 5th Association of Indigenous and Cultural Psychology Conference on Stress, Health and Well-being:
Indigenous, Social and Cultural Perspectives

## BOOK OF ABSTRACT



## **CONTENTS LIST**

INTRODUCTION	i
CONTENT LIST	ii
KEYNOTE SPEAKERS	1
1. Self-Exertion: Confucian Theory of Ethical Healing - Prof. Kwang-Kuo Hwang	1
(National Taiwan University)	
2. Happiness on Characteristics, Behavior, Culture and Tradition: Perception Towards Own and Other Ethnic Groups In Sabah, Malaysia - Prof. Dr. Rosna	1
Ismail (Universiti Malaysia Perlis, Malaysia)  3. Interrelationships among Entrepreneurial Social Support, Lecturers' Entrepreneurial Competence, Entrepreneurial Self-Efficacy, and	2
Entrepreneurial Attitude Orientation - <b>Prof. Jenny Lukito Setiawan</b> ( <i>Faculty of Psychology, Ciputra University, Indonesia</i> )  4. Personality, Stress and Coping, Social support and Happiness among College	3
Students - Prof. Alpana Vaidya (Symbiosis College of Arts & Commerce, Pune, India)	
5. Biopsychosocial Approaches to Stress and Well-Being - Prof. Akira Tsuda (Department of Psychology, Kurume University, Japan)	4
INVITED SYMPOSIUM	5

Invited Symposium 1 : Social And Psychological Dynamics Of Marriage

Faturochman, Amelia Maika, Evita Pangaribowo - Gadjah Mada University,

Convernor: Faturochman - Gadjah Mada University, Indonesia

The Dynamic of Marital Status Changes

5

5



Indonesia



Long-distance relationships among Javanese Married Couples	5
Retno Pandan Arum Kusumowardhani – Sunan Kalijaga Islamic State University	
and Gadjah Mada University, Indonesia	DIN .
Interdependency of Inter-Ethnic Marriage	6
Jony Eko Yulianto & Faturochman - Gadjah Mada University, Indonesia	
Formulating Marriage Quality	6
Siti Rohmah Nurhayati, Avin Fadila Helmi - Yogyakarta State University &	
Gadjah Mada University, Indonesia	
Invited Symposium 2 : Peace Building in Diverse Societies	7
Convernor: Faturochman - Gadjah Mada University, Indonesia	
Friendship, Conflict, and Resolution Strategy	nn()
Tri Rejeki Andayani - Sebelas Maret University & Gadjah Mada University,	7
Indonesia	
Breaking Tawuran's Chain, Building Peaceful School	7
Maida Rahmania & Faturochman - Gadjah Mada University, Indonesia	
Peace Provocateurs to Keep Ambon Peace	A miss
Imam Faisal Hamzah, Freddy Frento Lohy, Sri Rahayu, Eka Riri Putri Yanti -	8
Gadjah Mada University, Indonesia	
The Cooperation between Two Different Soccer Supporters: Beneficial but	8
<b>Dangerous</b>	
Andrias David Susilo Nugroho, Maulana Andri Firmansyah, & Heru Sumbodo -	
Gadjah Mada University, Indonesia	
Symposium 3: Bio-Psycho-Social Approaches to Stress and Health:	9
Experimental and Interventional Studies in Japan	nu i
George Koike (Fukuoka City Medical Association Hospital, Japan) and	9
Hisayoshi Okamura (Kurume University, Japan)	
Chronic Psychosocial Stress Mediators to The Vascular Health in Different Age	
Groups of Healthy Young Men	9
Gohichi TANAKA (Institutional Affiliation and Address: Sapporo Medical	
University) , Yuichi KATO (Sapporo Medical University), Masami HORIGUCHI	
Sapporo Medical University), Hisayoshi OKAMURA (Kurume University ), Jumpei	
YAJIMA (Beppu University ), Akira TSUDA (Kurume University), Japan	
Application of Transtheoretical Model to Manage Lifestyle Related Diseases in	10
A Clinical Setting	10
George Koike - Kyushu University Graduate School of Medical Sciences,	
Department of Cardiovascular Medicine Japan	

ii



5 AACP

themes emerged from the participants' descriptions: (1) meaning of separation, (2) sense of couple identity, and (3) relational maintenance behaviors. The meaning of separation comprised (a) separation as temporary and necessary inconvenience and (b) part of worship. The couple identity comprised (a) interdependence, (b) mutuality of economic resources, and (c) mutual goals and decision making. The relational maintenance behaviors comprised (a) building trust, (b) communication, (c) conflict management, and (d) network negotiation.

## Interdependency of Inter-Ethnic Marriage

Jony Eko Yulianto & Faturochman - Gadjah Mada University, Indonesia

Javanese and Chinese ethnicity both emphasize the importance of social harmony in their relations. Does it exist in the marriage relation of Chinese female and Javanese male? This study was conducted by applying qualitative method with phenomenology approach on four married couples in Yogyakarta. The results show that interdependence manifestation in interethnic marriage includes identity establishment, the use of power, and the utilization of resources. Individual consolidations consist of fused identity, layered identity, attributed identity, and value-focused identity. The use of power existed in variations of hierarchy, domination, and versatile. The use of resource showed thre variations of communal-sharing, transaction, and domination. Interdependent dynamics between husband and wife manifest in interpersonal level which emphasizes the role of trust and distrust, intrapersonal level which is expressed in affection toward spouse, suprapersonal level which is voiced in the role of trust toward transcendental agents, and intergroup level which is pointed to role of metarelational model of extended family.

## **Formulating Marriage Quality**

Siti Rohmah Nurhayati, Avin Fadila Helmi - Yogyakarta State University & Gadjah Mada University, Indonesia

How to determine the quality of marriage? In each community, the quality of marriage formulated differently. This study will explore the concept of marital quality on the people of Yogyakarta. However, prior to the field, we explore a variety of theories and research that have existed. We assess that Eudonomic Theory, Social Exchange Theory, and Communal Relations Orientation which may be suitable as references for developing the concept of marital quality in Yogyakarta. From these theories, we found the main aspect and three supporting aspects of marital quality. This paper also explains how these aspects explain the dynamics of marriage.



